



# Department of Recreation Services Spring & Summer 2017 Activity Guide

## A MESSAGE FROM THE DEPARTMENT

Dear Conshohocken Borough Residents,

Welcome to the 2017 spring and summer Recreation Services Activity Guide! We hope this guide serves as a resource to provide you with ample communication regarding local events, programs and leagues, facility holiday closures, and an overall picture of our department.

We are proud to announce upcoming changes many Conshohocken Borough Parks and new fitness equipment at the Community Center at the Fellowship House!

Our department is also excited to offer programming and camps to our residents, and to the surrounding community. Inside you will find spring and summer registration details.

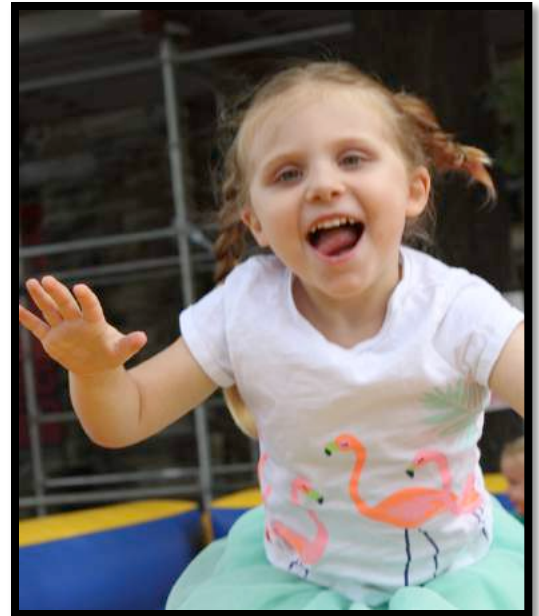
We hope you take advantage of everything we have to offer.

Sincerely,

Kate Kosmin

*“Live, Work, Play”*

Kate Kosmin  
Recreation Services Manager



Visit the Department of Recreation Services Online Today!  
[www.conshohockenpa.gov](http://www.conshohockenpa.gov)

We are here to *serve you!*

We love to hear from our residents! In order to better serve our community we need your feedback. Please contact the Community Center at the Fellowship House at 610-828-3266 or email [cmascio@conshohockenpa.gov](mailto:cmascio@conshohockenpa.gov)

Be sure to visit the Department of Recreation Services website to see what’s happening!

General Information.....3

Holiday Closures/Inclement Weather.....4

Facility Descriptions .....5

Park Descriptions.....6

Membership & Day Pass Information.....7

Spring/Summer Programs.....8

Academy of Hoops.....10

Obvious Choice Programs/Camps.....11

In-House Programs and Leagues.....12

Summer Day Camp Information .....12

Obvious Choice Sports Specialty Summer Day Camps.....16

Events & Trips.....17

Rental Party Packages .....18

Mixx Fitness & Group Exercise.....19

Before & After School Care.....20

Conshohocken Rowing Center.....21

Borough Council.....24

MISSION STATEMENT

*Enhance the quality of life for all residents through physical, mental, cultural, social, and environmental development*



# The Community Center at the Fellowship House

**Address:** 515 Harry Street, Conshohocken, PA 19428

**Phone Number:** (610) 828-3266

**Borough Website:**  
www.conshohockenpa.gov

**Hours of Operation:**

**Monday-Thursday:** 6:00am-9:00pm

**Friday:** 6:00am-7:00pm

**Saturday & Sunday:** 8:00am-4:00pm



*New Fitness Equipment at the Community Center at the Fellowship House now available to memberships holders and day pass users!*



## Department Directory

<u>Title</u>	<u>Name</u>	<u>E-Mail</u>	<u>Phone</u>
<b>Recreation Services Manager</b>	Kate Kosmin	kkosmin@conshohockenpa.gov	(610) 828-1092 x115
<b>Community Center Manager</b>	Charles Mascio	cmascio@conshohockenpa.gov	(610) 828-3266 x153
<b>Administrative Assistant</b>	Madison Orler	morler@conshohockenpa.gov	(610) 828-3266 x154
<b>Front Desk Associate Administration</b>	Gloria Scott	gscott@conshohockenpa.gov	(610) 828-3266
<b>Front Desk Associate Leagues/Tournaments</b>	Tom Brady	tbrady@conshohockenpa.gov	(610) 828-3266
<b>Weekend Front Desk Associate</b>	Geneva Gerwitz	ggerwitz@conshohockenpa.gov	(610) 828-3266
<b>Weekend Front Desk Associate</b>	Ronald Fry	rfry@conshohockenpa.gov	(610) 828-3266
<b>Weekday Night Time Front Desk Associate</b>	Stephanie Marando-Blanck	smarando@conshohockenpa.gov	(610) 828-3266
<b>Weekday Night Time Front Desk Associate</b>	Steven Daywalt	sdaywalt@conshohockenpa.gov	(610) 828-3266



# Borough Holiday Closures Fall 2016 & Winter 2017

## Holiday Closures

### Community Center at the Fel

April 15, 2017	Day Before Easter
April 16, 2017	Easter Sunday
May 27 to May 28, 2017	Memorial Day Weekend
May 29, 2017	Memorial Day
July 4, 2017	Independence Day
September 4, 2017	Labor Day

**\*\*NOTE\*\*** The Community Center will be closed every Sunday starting July 9, 2017 and ending September 10, 2017

## Holiday Closures

### Borough Administration Building

April 17, 2017	Easter Monday
May 29, 2017	Memorial Day
July 4, 2017	Independence Day
September 4, 2017	Labor Day



## Inclement Weather Action

If the Borough Offices and School District are closed, the Community Center will make an effort to open with limited hours from 12pm-4pm.

If the School District is closed and Borough Offices have a delayed opening, the Community Center will have a delayed opening in conjunction with Borough Offices.

If the Colonial School District and Borough have a delayed opening, the Community Center will also have a delayed opening in conjunction with both the Borough and the Colonial School District.

Please note that if the Colonial School District has a 2-hour delay, the before care program and Community Center will also have a 2-hour delay.

## THINGS TO REMEMBER

If you are unsure about a program being canceled or the Community Center being closed due to inclement weather, check the Borough website or Facebook page for updates

# Facility Descriptions

## Multipurpose Room

Ideal for hosting events, sport programs, parties, luncheons & more! With a fully equipped kitchen and private restrooms, this space can meet all of your needs! The Multipurpose Room is equipped for the following activities:

- Events, programs, and luncheons
- Volleyball capabilities
- Basketball (retractable baskets reach 6 feet for youth)
- Multi-Sport flooring

## Gymnasium

- Regulation sized basketball gym with 6 basketball nets, bleachers on each side and announcing table with speaker capabilities.
- This space is great to rent for basketball birthday parties, sport gatherings & more.
- Basketball
- Volleyball
- Group Exercise Classes

## Fitness Room

- NEW FITNESS EQUIPMENT AND FLOORING INSTALLED AS OF DECEMBER 2016
- Equipped with cardio and weight training machines for membership and day pass holders!

## Group Fitness Room

- Classes include (but are not limited to) TRX, Spin, Bike & Barre, Senior Fitness, Pilates & much more!
- See monthly group exercise schedule at the front desk or visit [mixx-fitness.com](http://mixx-fitness.com) for details!

## Community Room

- Suitable for small group meetings, workshops, small birthday parties, music lessons, and more!



## Park Descriptions



### Sutcliffe Park

Located off of Colwell Lane  
Conshohocken, PA 19428

#### **NEW PARK EQUIPMENT COMING IN SPRING 2017!**

3 full basketball courts, 3 youth baseball fields, 1 softball field,  
2 pavilions, fit-trail walking path, park benches, 1 playground,  
picnic area, open field, trash receptacles,  
restrooms, concession stand, and small parking lot.

### A.A. Gartwaite (A-Field)

Located off of E 11<sup>th</sup> Avenue  
Conshohocken, PA 19428

1 football field, concession stand, 2 locker rooms, women's  
and men's restrooms, press box, scoreboard, benches, bleachers,  
trash receptacles, street parking.

### Haines & Salvati

#### **Memorial Park**

Located off of Wood Street  
Conshohocken, PA 19428

#### **NEW PARK EQUIPMENT COMING IN SPRING 2017!**

1 small playground area,  
1 basketball court, picnic  
tables, park benches,  
parking, trash receptacles.

### B Field

Located off of E 13<sup>th</sup> & Hallowell St  
Conshohocken, PA 19428

Practice field only. Not regulation sized. Includes  
playground, pavilion, street parking.

### Aubrey Collins Park

Located off of Elm Street  
Conshohocken, PA 19428

#### **NEW PARK EQUIPMENT INSTALLED AS OF OCTOBER 2016!!!**

A playground, park benches, open field,  
horseshoe pit, trash receptacles.

### Mary Wood Park

Located off of 6<sup>th</sup> Avenue & Hallowell  
Conshohocken, PA 19428

A playground, park benches, open  
field, trash receptacles.

## **THINGS TO REMEMBER**

To reserve parks or facility space please contact  
610-828-3266 or email

[morler@conshohockenpa.gov](mailto:morler@conshohockenpa.gov). Rentals must meet  
all requirements before being approved and must  
complete an application process.

For park operations or maintenance please contact

Ray Sokolowski at  
[rsokolowski@conshohockenpa.gov](mailto:rsokolowski@conshohockenpa.gov).

## Membership/Day Pass Rates & Information

**MONTHLY AND ANNUAL MEMBERSHIPS – SIGN UP NOW!**  
**PURCHASE OR RENEW A COMMUNITY CENTER AT THE FEL MEMBERSHIP TODAY!**

<u>Monthly Rates</u>		
<i>Category</i>	<i>Residents</i>	<i>Non-Residents</i>
Youth (12-17)	\$5.00	\$7.00
Adult (18-61)	\$15.00	\$20.00
Family (up to 4 members only)	\$20.00	\$26.00
Senior (62+)	\$5.00	\$7.00

<u>Annual Rates</u>		
<i>Category</i>	<i>Residents</i>	<i>Non-Residents</i>
Youth (12-17)	\$50.00	\$65.00
Adult (18-61)	\$140.00	\$182.00
Family (up to 4 members only)	\$175.00	\$228.00
Senior (62+)	\$40.00	\$52.00

<u>Day Pass</u>		
<i>Category</i>	<i>Residents</i>	<i>Non-Residents</i>
Youth (12-17)	\$3.00	\$4.00
Adult (18-61)	\$5.00	\$6.00
Senior (62+)	\$2.00	\$3.00

Memberships and day passes allow access to full usage of all amenities within the facility. Some of these amenities include: the gymnasium, which features a full size basketball court, cardio and weight lifting machines, and the game table area. All memberships include four (4) guest passes per month. Guest(s) and day pass users must sign a waiver form and be 18 or older. A parent/guardian must be present to sign a waiver form, and remain on site if the child is **under 12 years old**. Members must accompany guest(s) at all times. Members are not permitted to leave their guest(s) at the facility unattended/unsupervised.

**\*Please Note\***

Membership holders and day pass users may not have access to areas of the facility that are being used for programs, events or rentals. For more information regarding the facility's schedule or availability, please visit our website at <http://www.conshohockenpa.gov>.

### Silver Sneakers/Prime Fitness

***How Do I Get It?***

If you're interested in joining Silver Sneakers Fitness, go to [silversneakers.com](http://silversneakers.com) to see if your health plan offers the program. If you can't find your health plan, call their customer service number and ask when they will offer this valuable active adult exercise program.



# SPRING & SUMMER PROGRAMS (children 2-14)

## Conshohocken T-Birds T-Ball – Jump Start Sports



Instructional T-Ball program for children ages 3-4. Players learn the basics of catching, fielding, throwing, and hitting. Then they apply what they've learned in fun, non-competitive games. Parents are encouraged to participate in the coaching and are provided practice plans and assistance in coaching young children.

### Session 1:

April 9, 2017 – May 21, 2017  
Sundays | 1:00pm – 3:00pm | Ages 3-4 | \$75  
Program Code: JSS 01  
Location: Sutcliffe Park (Senior Field)

### Session 2:

June 11, 2017 – July 16, 2017  
Sundays | 1:00pm – 3:00pm | Ages 3-4 | \$75  
Program Code: JSS 02  
Location: Sutcliffe Park (Senior Field)

## Soccer Shots (2 Year Olds)

High-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

April 8, 2017 – May 20, 2017 (no class on 4/15)  
Saturdays | 9:00am – 9:30am | Age 2 | \$85  
Program Code: SS2 06.1  
Location: Sutcliffe Park (Senior Field)



## Soccer Shots (3- 4 Year Olds)

Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

### Saturdays

April 8, 2017 – May 20, 2017 (no class on 4/15)  
9:40am – 10:25am | Age 3-4 | \$85  
Program Code: SS2 06.2  
Location: Sutcliffe Park (Senior Field)

### Wednesdays

April 19, 2017 – May 24, 2017  
5:45pm – 6:30pm | Age 3-4 | \$85  
Program Code: SS2 06.4  
Location: Sutcliffe Park (Senior Field)

## Soccer Shots (5- 6 Year Olds)

This program is for children who are new to soccer or who want to build upon what they have learned in Soccer Shots Classic. Focusing on individual skill, fitness, and sportsmanship, each session provides an opportunity for kids to be challenged through fun games and team competitions. Children will also be introduced to tactical elements of the game as they prepare to play on competitive teams.

### Saturdays

April 8, 2017 – May 20, 2017 (no class on 4/15)  
10:35am – 11:20am | Age 5-6 | \$85  
Program Code: SS2 06.3  
Location: Sutcliffe Park (Senior Field)

### Wednesdays

April 19, 2017 – May 24, 2017  
6:40pm – 7:25pm | Age 5-6 | \$85  
Program Code: SS2 06.5  
Location: Sutcliffe Park (Senior Field)





## Young Rembrandts

### **Elementary Drawing (Ages 4-6)**

Spring is a great season for artistic talent to blossom. In a Young Rembrandts Drawing Class, we'll explore many fun subjects like flowers and birds to reflect the spring season. A cuddly teddy bear will warm your heart and make your child smile. Vibrant illustrations of a peacock and snail will introduce our students to a rich world of color. There's no better time than now to enroll your student!

#### Session 1:

April 1, 2017 to May 6, 2017 \*\*No class April 15  
Saturdays | 9:00am to 9:45am | Ages 4-6 | \$70  
Program Code: YR-05.1  
Location: Community Center (Meeting Room)

#### Session 2:

May 20, 2017 – June 17, 2017  
Saturdays | 9:00am to 9:45am | Ages 4-6 | \$70  
Program Code: YR-06.1  
Location: Community Center (Meeting Room)

### **Drawing (Ages 6-14)**

The spring is an exciting time to be a part of a Young Rembrandts Drawing Class. This season is about renewal, and now is the perfect time to renew your child's interest in drawing and coloring! Our students will learn how to think outside of the box as they create stylized drawings of an intricately patterned fish, a cartoon alligator and a detailed illustration featuring an aerial view from the perspective of a jet plane! Sign up for classes today!

#### Session 1:

April 1, 2017 to May 6, 2017 \*\*No class April 15  
Saturdays | 10:00am to 11:00am | Ages 6-14 | \$70  
Program Code: YR-05.2  
Location: Community Center (Meeting Room)

#### Session 2:

May 20, 2017 – June 17, 2017  
Saturdays | 10:00am to 11:00am | Ages 6-14 | \$70  
Program Code: YR-06.2  
Location: Community Center (Meeting Room)

### **Cartooning (Ages 8-14)**

Make this spring a memorable one for your child. Students enrolled in a Young Rembrandts Cartoon Class will learn the essential skills they need to illustrate exciting cartoon imagery that is filled with dynamic characters and expressive personalities. Our students will create fully-realized cartoon characters from familiar subjects like dogs, farm animals, and insects. Drawings of funny, cartoon cars will spark our students' imaginations. They will also develop their visual story telling skills as they draw sequential images. All this and more await our students. Enroll your student today!

#### Session 1:

April 1, 2017 to May 6, 2017 \*\*No class April 15  
Saturdays | 11:15am to 12:15pm | Ages 8-14 | \$70  
Program Code: YR-05.3  
Location: Community Center (Meeting Room)

#### Session 2:

May 20, 2017 – June 17, 2017  
Saturdays | 11:15am to 12:15pm | Ages 8-14 | \$70  
Program Code: YR-06.3  
Location: Community Center (Meeting Room)



# Young Rembrandts



## Conshohocken Basketball Programs with the Academy of Hoops

Take all of the guesswork out of your basketball training this spring and summer and make it count by attending The Academy of Hoops' workout sessions. Learn from the best, Alvin Williams, 8 year NBA player and Villanova University Hall of Famer. Visit [www.theacademyofhoops.com](http://www.theacademyofhoops.com) to register for skill specific training, biddy bop workouts and private instruction at the Community Center at the Fel.

### Individualized Workouts- Fridays

May 5, 2017 to August 25, 2017

Fridays | 6:00pm to 8:00pm | Ages 10-14

\$27 per person, per session (\$5 discount for residents)

Program Code: AOH 1

Location: Community Center (Gym)

### Individualized Workouts- Saturdays

May 6, 2017 to August 25, 2017

Fridays | 9:00am to 12:00pm | Ages 10-14

\$27 per person, per session (\$5 discount for residents)

Program Code: AOH 2

Location: Community Center (Gym)

### Summer League at Sutcliffe Park

June 19, 2017 to August 31, 2017

Monday – Thursday \*\* Final Days to be Determined

6:00pm | Ages 10-14 | \$600 per team

Program Code: AOH 3

Location: Sutcliffe Park (Basketball Courts)



## Important Registration Reminder

### *How do I register?*

All registration for The Academy of Hoops can be done online at [www.theacademyofhoops.com](http://www.theacademyofhoops.com). For questions regarding pricing and scheduling please contact The Academy of Hoops at 484-535-3055



## CONSHOHOCKEN SCHOOL'S-OUT PROGRAMS WITH OBVIOUS CHOICE SPORTS AT THE COMMUNITY CENTER AT THE FEL!

### Obvious Choice Sports Half Days Off Program

Coaching, supervision and instruction on the areas of sports, fitness and enrichment for youth

#### Dates Below

Friday, March 17, 2017

Friday, May 5, 2017

Friday, May 26, 2017

12:30pm - 5:30pm

Location: Community Center at the Fel

Program Code: OCS 03.2

### Obvious Choice Sports Spring Break Camp

April 10, 2017 - April 13, 2017

Monday - Thursday

7:45am - 5:30pm

Community Center at Fel (Gym)



### Registration Requirements

All registration should be made through Obvious Choice Sports.

Please visit:

[www.obviouschoicesports.com](http://www.obviouschoicesports.com)

**ALL DATES SUBJECT TO COLONIAL  
SCHOOL DISTRICT CALENDAR  
CHANGES**



### Obvious Choice Sports After School Programs

#### Session 1:

February 23, 2017 - March 30, 2017

Thursday | 4:00pm - 5:00pm | Ages K-8

Program Code: OCS 01.2

Location: Community Center at the Fellowship House (Gym)

#### Session 2:

April 6, 2017 - May 18, 2017

Thursday | 4:00pm - 5:00pm | Ages K-8

Program Code: OCS 1.3

Location: Community Center at the Fellowship House (Gym)

## COMMUNITY CENTER AT THE FEL IN-HOUSE PROGRAMMING SIGN UP TODAY!!!!

### Senior Bingo

Research has shown that games are good for the brain! They can stimulate memory; attention skills and most importantly promote social interaction. Come join St. Mary's Golden Age Club Bingo at the Fel every Monday from 10:30-1:30 in the Multi-purpose room! Light refreshments will be included.

**January 9, 2017 – June 5, 2017**

**Monday 10:00am – 1:30pm | Ages 62+ | \$5 membership fee due at the beginning of session 2**

**Program Code: BGO 03**

**Location: Community Center at the Fellowship House (Multi-purpose Room)**

**\*Room is subject to change throughout the year. A notice will be given in advance.**

**\* All bingo packages must be purchased separately upon arrival.**

### Corporate Lunch Time Basketball

Corporate Lunch Time Basketball is perfect for those who work in the area and want to unwind on their lunch break playing non-competitive games among colleagues. This program is free with a Community Center Membership.

**January 3, 2017 – March 16, 2017**

**Tuesdays & Thursdays 12:00pm-2:00pm**

**Ages 18+ | \$5.00 a session**

**Program Code: LBB 04**

**Location: Community Center (Gym)**

**March 28, 2017 to September 7, 2017**

**Tuesdays & Thursdays 12:00pm-2:00pm**

**Ages 18+ | \$5.00 a session**

**Program Code: LBB 05**

**Location: Community Center (Gym)**

### Sunday Morning Basketball

Sunday Morning Basketball is held every Sunday in the gym for non-competitive pick up games. This program is free with a Community Center Membership.

**January 8, 2017 – July 2, 2016**

**Sunday 9:00am – 11:00am | Ages 18+ | \$6.00 per session**

**Program Code: SMBB 02**

**Location: Community Center at the Fellowship House (Gym)**

### Open Gym Time

The Community Center has open gym times based off the daily schedule. Please call the Community Center at the Fellowship House at 610-828-3266 to see when open gym time is available.



## Spring & Summer 2017 Men's Basketball League

May 1, 2017- August 7, 2017

League Fee \$325.00 - due at first game | Men 21 +

Registration deadline: April 21, 2017

- 12 Team League
- 11 games guaranteed (Plus all teams make PLAYOFFS)
- \$35/team referee fee is paid to referees before the start of the game
- Days and Times of game TBA

All teams that were enrolled in the 2016 Fall/Winter League will have **first choice** to register until April 1, 2017.

**FOR MORE INFORMATION, PLEASE CONTACT**  
**Charles Mascio or Tom Brady at 610-828-3266**

## Conshohocken Summer Day Sports Camp



The Borough of Conshohocken Recreation Services and Parks Department will offer the following summer day camp for 2017 in conjunction with Jumpstart Sports. Below is an overview of camp details including daily schedule, weekly themes, location, registration details, costs and available before/after care options. This day camp will provide a continuous six-week camp option during the summer.

### Daily Schedule

**Morning Activities:** Each day will begin with an "all camp" activity such as Capture the Flag, British Bulldog, Red Rover, or a scavenger hunt. On hot days, campers will cool off with spirited water games.

**Overall Theme:** The camp features a different sport each week. Coaches and counselors with expertise in the featured sport implement a program designed specifically for the ability and understanding of each age group. Campers learn about a different aspect of the sport each day and apply what they've learned by playing a fun, low-key game.

**Afternoon Electives:** In the afternoon, campers choose from a large menu of activities including: outdoor water fun, ultimate Frisbee, and a variety of field games and gym games.

**Friday Pool Trips:** Swimming every Friday at the Great Plymouth Community Center Pool! Transportation and pool entry fees are included in each camper's registration fee.

### Weekly Themes

#### **June 19th - June 23-** *Sports Camp Kickoff*

Kick off summer with Jump Start Sports by participating with your friends in your favorite camp games and activities! This includes: Capture the Flag, Tag Games, Relay Races, Whiffle Ball, Kickball, and more. This is a perfect opportunity to stay active and have some early summer fun with friends. Children are separated by age for all competitive activities.

#### **June 26th - June 30-** *Ultimate Warrior Camp*

Looking for a fun fitness challenge? Join us at the Ultimate Warrior Camp. Age-appropriate and safe activities specifically designed to challenge, inspire, and excite. Games and tasks this week include obstacle courses, relays, tug-of-war, and many other fun activities designed to teach cooperation and teamwork while also developing self-esteem.

#### **July 3rd - July 7th (no camp July 4th)-** *College Days Sports Camp*

It's graduation time from sports camp. Children "enroll" in the college of their choice and have a blast learning about and playing a wide variety of college sports, including football, basketball, soccer, hockey, volleyball, lacrosse, and more. Campers make a school pennant and wear their school colors to demonstrate their school spirit throughout the week. Children are separated by age for all competitive activities

#### **July 10th - July 14-** *World Cup Soccer Camp*

Campers get their kicks at the World Cup Soccer Camp! Players learn foot skills, passing, shooting, goal keeping, and team concepts. Each day, they are also divided by gender and skill level and participate in games. The last few days of camp, small teams represent a country and participate in a fun "World Cup" competition.

#### **July 17th - July 21-** *Color Games Sports Camp*

A great old camp theme has come to Conshohocken! Campers are divided into teams and play a wide variety of sports and camp games, competing for "Color Pride". This fun format enables children learn and benefit from the positive aspects of competition while working with a team toward a common goal. Sports included are football, basketball, soccer, hockey, volleyball, lacrosse, and more! Camp games include Team Dodge Ball, Capture the Flag and more. Get ready for a week of fun and lots of exercise!

#### **July 24th - July 28-** *Olympics Camp*

The Olympics are coming to Conshohocken! Children are grouped by age and divided into countries to learn about a wide variety of Olympic sports, including soccer, hockey, team handball, and track and field. Campers learn about the culture and history of their adopted country and make a flag to carry at the "Closing Ceremonies" and "Presentation of Medals".

**Registration and Price Details**

<b>Dates:</b>	Monday, June 19 <sup>th</sup> – Friday, July 28 <sup>th</sup>
<b>Note:</b>	There is no camp on Tuesday, July 4, 2017
<b>Location:</b>	Community Center at the Fellowship House and Mary Wood Park
<b>Ages:</b>	6 – 12 (a 5 year old may ONLY attend camp if they have completed kindergarten)
<b>Time:</b>	9:00am – 3:00pm
<b>Before Care:</b>	8:00am – 9:00am (\$30 per week)
<b>After Care:</b>	3:00pm – 5:00pm (\$15 per week)
<b>Minimum Enrollment:</b>	10 per week
<b>Maximum Enrollment:</b>	100 per week
<b>Cost:</b>	\$167.00 per week
<b>Discounts:</b>	Registration for any 4 or more weeks - \$152.00 per week Early Bird Special for 6 Weeks - \$142.00 per week (must register by April 29 <sup>th</sup> )

**Registration**

Registration opens Friday, January 6, 2017.

To register visit:

- [www.conshohockenpa.gov](http://www.conshohockenpa.gov) and click on Recreation Services.
- Jump Start Sports website at <http://www.jumpstartsports.com/programs/conshohocken-summer-camp-2017>
- Contact Mike Stefani at [mstefani@jumpstartsports.com](mailto:mstefani@jumpstartsports.com) or call 716-997-7998.
- Complete the required registration forms and drop off the forms with your payment to the Community Center at the Fel.
- Complete the required registration forms: Certification of Medical Fitness and Vaccination Status Form and Liability Release Waiver (available online).

**SIGN UP TODAY!!!!!!****Program Cancellations and Refunds**

*Note: The Borough of Conshohocken reserves the right to cancel any program or camp due to insufficient enrollment. Programs and camps will run only if the minimum enrollment figure is satisfied. Register today so that these fun and exciting programs are not cancelled. Cancellations will occur one week prior to the scheduled start date if applicable. A full refund will only be given when the Borough of Conshohocken cancels a program. A refund request made at least five (5) business days prior to the program will receive a refund less 5%. No refunds will otherwise be given. Refunds may take up to thirty (30) business days to process. We do not issue cash refunds. Cash, check and money order are accepted. Register online or in-person and pay at the Community Center at the Fel!*

# Specialty Basketball & Sport Summer Day Camps

## With Obvious Choice Sports

### Middle School Basketball Camp

Campers will experience hands on instruction by collegiate and varsity level basketball players, play in an NBA like week long league, and receive prizes and awards for individual efforts and completion of the camp. Games are set up so that each camper gets a minimum amount of playing time. Campers can also look forward to mini contests and skill development drills. Daily themes like hustle and defense make the Obvious Choice Middle School Basketball Camp the place to be!

#### Session 1

June 19, 2017 – June 23, 2017

Monday – Friday | 9:00am to 3:00pm | Ages 11-14

Min/Max: 16/36 | Price: \$115 Residents / \$130

Non-Residents

Program Code: OCS 06.1

Location: Community Center (Gym)



**OBVIOUS CHOICE  
SPORTS**

#### Session 2

August 21, 2017 – August 25, 2017

Monday – Friday | 9:00am to 3:00pm | Ages 5-10

Min/Max: 16/36 | Price: \$115 Residents / \$130

Non-Residents

Program Code: OCS 06.2

Location: Community Center (Gym)

### All Star Sports Camp

Campers will play basketball, soccer, dodgeball, floor hockey, arts & crafts, chess, table tennis. Campers should bring a lunch, water bottle, athletic clothing, and an awesome attitude!

August 28, 2017 – August 31, 2017

Monday – Thursday | Ages 5-12 | Min/Max: 10/30

Regular Hours: 8:30am – 3:30pm | Price \$150 Resident/ \$175 Non-Resident

Extended Hours: 7:45am – 5:30pm | Price \$175 Resident/ \$200 Non-Resident

Program Code: OCS 06.3

Location: Community Center (Gym)





# Upcoming Spring and Summer Events & Trips

## 57<sup>th</sup> Annual Albert C. Donofrio Classic 4-Week Men's High School Basketball Tournament

### Dates Below

Week 1 – March 27<sup>th</sup> – March 30<sup>th</sup>

Week 2 – April 4<sup>th</sup> – April 6<sup>th</sup>

Week 3 – April 10<sup>th</sup> – April 13<sup>th</sup>

Week 4 – April 17<sup>th</sup> – April 18<sup>th</sup>

For more details please contact the Albert C. Donofrio Classic Coordinator at [cmascio@conshohockenpa.gov](mailto:cmascio@conshohockenpa.gov) or 610-828-3266

## Easter Egg Hunt

Happy Easter! Bring your own basket and hop over to the Community Center at the Fel! This event is free admission, but participants should register online beforehand! Light refreshments and snacks will also be provided, along with music and fun! For more information, contact the Community Center at 610-828-3266.

**April 8, 2017**

**9:30am to 12:00pm**

**Community Center (Multi-purpose Room)**

## Summer Carnival

Celebrate the end of the school year with the Department of Recreation Services! Come to the Community Center at the Fel on June 10<sup>th</sup> for inflatables, refreshments, music and more!

**June 10, 2017**

**12:00pm to 2:00pm**

**Community Center at the Fellowship House  
Free Admission!**

## Summer Concert Series

The Borough of Conshohocken will be hosting its annual Summer Concert Series starting on Thursday, July 13, 2017 and ending on Thursday, August 10, 2017.

All performances will be held on Thursdays from 7pm – 9pm at Sutcliffe Park at the Main Pavilion. Musical Performance Schedule TBA.

## Spring Trip

*Do-it-yourself Trip to New York City*

**Date:** Saturday, April 1, 2017

**Time:** 8:00am to 8:00pm

**Fees:** \$49 Whitemarsh/Conshy Residents  
\$54 for Non – Residents

**Ages:** Any | **Min/Max:** 30/38

**Location:** Whitemarsh Elementary  
School Parking Lot

**RainedOut Keyword:** Text “nyctrip17”  
to “84483”

**\*Note\*** All Conshy residents must email or call the Whitemarsh Parks and Recreation Department at [mlannutti@whitemarshwp.org](mailto:mlannutti@whitemarshwp.org) or 610-828-7276 x2403 to have the resident discount applied to their price. The bus will drop off and pickup in the Rockefeller Square Area.

*Registration for events can be done online at [www.conshohockenpa.gov](http://www.conshohockenpa.gov)!*

# Party Package Deals!

## COMMUNITY CENTER RENTAL PARTY PACKAGES!

For more information about party packages and room rentals contact [morler@conshohockenpa.gov](mailto:morler@conshohockenpa.gov) or call 610-828-3266

### Sports-Tastic Parties

Sport themed coed parties

\$10 per child for up to 20 children and \$8.00 per child after that

Child ratio 1:14 (depending on age group)

- All parties must contact Obvious Choice Sports and complete a party form located on <http://www.obviouschoicesports.com> under "About Us"
- The possibility to choose two sports from the following options (soccer, basketball, floor hockey, baseball, or dodge ball)
- Obvious Choice provides all equipment, instruction, supervision, entertainment, and music!
- T-shirt is provided for the birthday boy/girl, or for prizes



### Beanie Bounce Party Deals

With this party package deal you can set your own price range, and choose what entertainment you would like at your party

- All renters working with the Community Center at the Fellowship House must contact Beanie Bounce directly regarding discounts and deals.
- Please visit [beaniebounce.com](http://beaniebounce.com) for a full list of items available or call them at 610-272-0270

**Beanie Bounce**  
Party Rentals

**FACE PAINTING, MOON BOUNCE, CRAFTS, FUN& MORE!!**

All inflatable moon bounces and other party entertainment are provided by Beanie Bounce Party Rentals. Discount pricing may vary during busy and off seasons. Two weeks notice for face painters and moon bounces preferred.

# Fitness & Group Exercise

The Conshohocken Community Center is excited to be partnering with **MIXX Fitness** for Group Exercise classes and personal training! Mixx up your physical fitness routine with us! Spin, TRX, Kettle Bell, Pilates, Yoga, Body Bar, Jump Rope, Senior Fitness & MORE! MIXX Fitness is different from other fitness centers because it brings a “personal training approach to group fitness.” Instructors are trainers. Classes are small. You will get personalized instruction, specialized motivation and individual attention when you attend a MIXX class. Check out the ever-changing class schedule at [www.mixx-fitness.com](http://www.mixx-fitness.com) or visit <http://conshohockenrsp.recdesk.com> to find out more about pricing, class times and FREE classes offered with a Community Center at the Fel membership.



## FREE Classes That Come With A Community Center Membership Include...



### *Mondays:*

- Senior Fitness - 8:45am to 9:30am
- Pilates - 6:00pm to 7:00pm

### *Wednesdays:*

- S.W.E.A.T - 8:00am to 8:50am
- Senior Fitness - 9:45am to 10:30am

### *Fridays:*

- War of the Core - 8:00am to 8:50am
- Senior Fitness - 9:45am to 10:30am



# Before & After School Care

## A Child's Place

Register with A Child's Place Extended Care, Inc. for **before & after school-aged childcare** at the Community Center at the Fellowship House for the 2017-2018 school year!

**Before Care:** 7:00am until the start of the school day

**After Care:** End of the school day until 6:00pm

**Half Day Care:** End of the school day until 6:00pm  
(see calendar on [www.acpec.com](http://www.acpec.com))

**Day - Off Program:** 7:00am – 6:00pm. This program will operate on select days that the Colonial School District is closed (see calendar on website)

### **Program Highlights:**

- State licensed and Keystone Stars accredited program
- Carefully screened, professional staff with State Police, Child Abuse and FBI Clearances
- Fun, academically based enriched curriculum that advances our mission to prepare children for a successful future in school and beyond
- Supervised homework time, outdoor play, organized and independent activities
- Monthly newsletters informing parents of various activities and events
- Multi-sibling and military discounts
- CCIS (county subsidy) accepted

Visit [www.acpec.com](http://www.acpec.com) for additional questions or contact Danielle Earhart, Program Manager, at 610-304-8769 or email [Danielle@acpec.com](mailto:Danielle@acpec.com)



# Conshohocken Rowing Center

The Conshohocken Rowing Center is a rowing club that was formed through a public/private partnership between the Borough of Conshohocken, Malvern Preparatory School, and The Haverford School. In addition to being the homes of Malvern Rowing and Haverford School Crew, the mission of the CRC is to promote youth rowing and provide access to the river for residents and non residents of the community through the sport of rowing by membership or designed programs. For more information visit the Conshohocken Rowing Center website at <http://www.conshohockenrowingcenter.org/>

## CRC Spring and Summer Youth Rowing Program

### CRC Spring Youth Program

The Conshohocken Rowing Center will be offering opportunities for a six-week program for both boy and girl athletes. This program is **FREE** to Conshohocken residents ages 13-17, and is open to the public at a cost of \$650.

- Practices will be held on the following days:
  - Fridays 4:00 to 5:30
  - Saturdays 12:30 to 3:00
  - Sundays 12:30 to 3:00
- This program runs from April 7, 2017 until May 13, 2017
- This is a program for all levels of experience. However, the goal is to help athletes learn and refine the basics of rowing and prepare them for additional programs in the summer or the following school year.
- All interested participants should email [rowingcrc@gmail.com](mailto:rowingcrc@gmail.com).



### CRC Competitive Juniors Program (Summer)

The Conshohocken Rowing Center will be offering two opportunities for juniors during the summer. The two opportunities are Selection Camp and Development Camp:



1. **Development Camp** will be for athletes that cannot meet CRC fitness standards or cannot commit to the Selection Camp schedule. Rowers from all over the region are welcome to apply. The CRC will be accepting around 45 athletes, boys and girls, ages 13 to 19, and all levels of experience.

### Juniors Only- Youth Summer Camp

The CRC will be offering 3 separate weeklong rowing camps throughout the summer. The sessions will be for all levels of experience. Each week long session will focus on improving techniques,

learning training methods, and the proper preparation needed to be successful in the sport of rowing. Camps are open to ages 10 and up. Further details are available on the youth camps for Conshohocken residents.

**Dates:**

**Session 1**

June 12<sup>th</sup> to June 16<sup>th</sup>

**Session 2**

July 10<sup>th</sup> to July 14<sup>th</sup>

**Session 3**

July 31<sup>st</sup> to August 4<sup>th</sup>



**DISCOUNTS ARE AVAILABLE FOR CONSHOHOCKEN RESIDENTS**

Program	Program Cost	Resident Cost
Youth Rowing- Spring 2017	\$650.00	FREE
Summer 2017 Development Camp	\$1025.00	\$325
Summer Youth Rowing Camp – 1 Week	\$375.00	\$125.00

**Private Lessons (*By appointment only*)**

\$80 per session per individual

\$120 per hour for a group of 2

*Private lessons are 50% off for residents*

**Adults Learn -to-Row**

Adults Learn-to-Row will start on July 6, 2017 through mid August. Classes will be Tuesday and Thursday evenings from 5:30pm to 7:00pm. The CRC will be running classes during July and August unless determined otherwise. Further details are available on Learn-to-Rows for Conshohocken residents. Pricing is listed below.

Program	Program Cost	Resident Cost – 50% Off!
Pay-as-you-Go	\$60.00	\$30.00
2 Sessions	\$100.00	\$50.00
4 Sessions	\$170.00	\$85.00
8 Sessions	\$300.00	\$150.00
12 Sessions	\$500.00	\$250.00

### Recreational Memberships for Residents

For \$65 a year you can launch and land your kayak, canoe or stand up paddleboard from the Conshohocken Rowing Center dock. ***Note: This membership does not include access to the boathouse.***

**Introducing Resident Membership Discounts:** *Conshohocken residents benefit with 50% off both individual and family memberships!*

Membership Type	Non-Resident	Resident
Individual Membership	\$525.00	\$262.00
Family Membership	\$775.00	\$387.00

Take advantage of these wonderful discount opportunities, programs and camps! If you are a resident in the Borough of Conshohocken, please email the Rowing Center Administration prior to going through the registration process to ensure you receive the appropriate discount. Email [rowingcrc@gmail.com](mailto:rowingcrc@gmail.com) and indicate your program of interest. The Rowing Center Director or one of their rowing coaches will reply and send you further details.

### Conshohocken Rowing Center App NOW Available!

Follow the Conshohocken Rowing Center from your iPhone and iPad. This app gives you direct access to the latest CRC news, regattas, Facebook, Twitter, and the CRC photo gallery. To download the CRC app visit: <https://launchkit.io/websites/r4hLJdalk7I/>





# “CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMMING”

## DEPARTMENT OF RECREATION SERVICES



## BOROUGH COUNCIL



**WARD 1**  
**KAREN TUTINO, Vice President**  
[ktutino@conshohockenpa.gov](mailto:ktutino@conshohockenpa.gov)  
484-362-3658  
Voting location:  
Marshall Lee Towers  
1 West 3<sup>rd</sup> Avenue



**WARD 2**  
**JAMES "IKE" GRIFFIN, President**  
[jgriffin@conshohockenpa.gov](mailto:jgriffin@conshohockenpa.gov)  
610-828-4638  
Voting location:  
Community Center at the Fel  
515 Harry Street



**WARD 3**  
**TINA SOKOLOWSKI, Member**  
[tsokolowski@conshohockenpa.gov](mailto:tsokolowski@conshohockenpa.gov)  
610-828-1092 ext. 133  
Voting location:  
Community Center at the Fel  
515 Harry Street



**WARD 4**  
**ANITA BARTON, Member**  
[abarton@conshohockenpa.gov](mailto:abarton@conshohockenpa.gov)  
610-397-1581  
Voting location:  
United Methodist Church  
20 West 6<sup>th</sup> Avenue



**WARD 5**  
**JANE FLANAGAN, Member**  
[jflanagan@conshohockenpa.gov](mailto:jflanagan@conshohockenpa.gov)  
610-828-1092 ext. 135  
Voting location:  
Conshohocken Fire Company, No. 2  
819 Fayette Street



**WARD 6**  
**ROBERT STOKLEY, Senior Member**  
[rstokley@conshohockenpa.gov](mailto:rstokley@conshohockenpa.gov)  
610-636-7230  
Voting location:  
Leeland Mansion  
720 Fayette Street



**WARD 7**  
**COLLEN LEONARD, Member**  
[cleonard@conshohockenpa.gov](mailto:cleonard@conshohockenpa.gov)  
610-322-0386  
Voting location:  
Fieldhouse/ "A" Field  
East 11<sup>th</sup> Avenue & Harry Street